

Current Program Offerings - below programs are available to your skilled nursing home, assisted living, memory care, adult family home and all other seniors living communities.

In Partnership with Seniors Creating Art (SCA) Enrichment Services offers:



WHAT TO EXPECT

Each 1 hour Art session, a professional Art Instructor will lead a creative art workshop for participants. Instructors will create themed workshop using holidays and special events as inspiration. Participants can keep all artwork created during workshops.

ACCESS TO ART

The Access to Art program provides 1 hour long art workshops for participants. Each student will be engaged at their individual level to ensure participants receive the amazing health benefits that participating in creating art provides.

THE PURPOSE OF THE

ACCESS TO ART PROGRAM IS to expand access to art for seniors and people residing in skilled nursing homes so that those participating may experience better overall health and well-being.

Seniors Creating Art (SCA) will **provide all art supplies for use during workshops**

Mediums will switch quarterly between **watercolor painting and acrylic painting**.

Program by Seniors Creating Art



Enrichment Services

The mission of Enrichment Services is to provide activities that help people of all ages and abilities develop skills and explore their interests, while improving health and finding connection within their community.

New Programs being developed and planned to launch in 2025-2026

**Horticulture
Games and Movement
Pet Therapy**

Contact Enrichment Services:
programs@enrichmentservices.info
www.enrichmentservices.info

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RELAX AND RECOVER CARE PROGRAM

The Relax and Recover Care Program creates a supportive and soothing environment for Skilled Nursing Residents. It is a program rich with calming sensory experiences to encourage feelings of security, warmth and recovery.

WHAT TO EXPECT

Each 1 hour Care session, an Enrichment Facilitator will transform your designated location into a relaxing "Recovery Cafe" engaging residents, and their senses with the goal to create an environment where healing and recuperation occur.



Soothing Music and Sounds



Aromatherapy Oils Diffuser



Sensory Aquarium LED Candles



Warm hand towel reflexology treatment



Program by Enrichment Services, Inc.

THE PURPOSE OF THE RHYTHMS AND RECALL PROGRAM IS

WHAT TO EXPECT

EACH 1 HOUR SESSION, FACILITATORS WILL GUIDE PARTICIPANTS THROUGH AN ENGAGING MUSIC AND REMINISCING PROGRAM. PARTICIPANTS WILL RECEIVE INSTRUMENTS TO PLAY ALONG CREATING RHYTHMS AND RECALLING FUN MEMORIES!



Program by Enrichment Services, Inc.