

Current Program Offerings - below programs are available to your skilled nursing home, assisted living, memory care, adult family home and all other seniors living communities.

In Partnership with Seniors Creating Art (SCA) Enrichment Services offers:



WHAT TO EXPECT

Each 1 hour Art session, a professional Art Instructor will lead a creative art workshop for participants. Instructors will create themed workshop using holidays and special events as inspiration. Participants can keep all artwork created during workshops.

ACCESS TO ART

The Access to Art program provides 1 hour long art workshops for participants. Each student will be engaged at their individual level to ensure participants receive the amazing health benefits that participating in creating art provides.

THE PURPOSE OF THE

ACCESS TO ART PROGRAM IS

to expand access to art for seniors and people residing in skilled nursing homes so that those participating may experience better overall health and well-being. Seniors Creating Art (SCA) will **provide all art supplies for use during workshops**. Mediums will switch quarterly between **watercolor painting and acrylic painting**.

Program by Seniors Creating Art

New Programs being developed and planned to launch in 2025-2026

Horticulture
Games and Movement
Pet Therapy



Enrichment Services

The mission of Enrichment Services is to provide activities that help people of all ages and abilities develop skills and explore their interests, while improving health and finding connection within their community.

Contact Enrichment Services:
programs@enrichmentservices.info
www.enrichmentservices.info

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RELAX AND RECOVER CARE PROGRAM

The Relax and Recover Care Program creates a supportive and soothing environment for Skilled Nursing Residents. It is a program rich with calming sensory experiences to encourage feelings of security, warmth and recovery.

WHAT TO EXPECT

Each 1 hour Care session, an Enrichment Facilitator will transform your designated location into a relaxing "Recovery Cafe" engaging residents, and their senses with the goal to create an environment where healing and recuperation occur.



Soothing Music and Sounds



Aromatherapy Oils Diffuser



Sensory Aquarium LED Candles



Warm hand towel reflexology treatment

THE PURPOSE OF THE

RELAX AND RECOVER CARE PROGRAM IS

To create a gentle caring space in Skilled Nursing Communities where, for a period of time, no demands are made of residents allowing them to fully Relax and Recover from the day.

Using known therapy practices such as music therapy, aromatherapy and techniques to engage the senses, **trained Enrichment Facilitators will visit in-person** and prepare the space designated within your location to accommodate your residents each session.

After the location has been transformed by your Facilitator to the temporary "Relax and Recover Cafe", Skilled Nursing Staff can encourage and escort residents to the Cafe to enjoy some relaxation and recovery (R&R) being led by a trained Enrichment Facilitator. **Residents attending R&R Care Sessions are shown to experience better overall health and wellbeing.**



Program by Enrichment Services, Inc.



RHYTHMS AND RECALL

*JOIN US FOR RHYTHMS AND RECALL!
THIS INTERACTIVE GROUP EXPERIENCE IS BURSTING WITH FUN AS WE SING, SOCIALIZE, AND SHARE MEMORIES TOGETHER.
DISCOVER THE AMAZING HEALING POWER OF MUSIC.
IT'S ALL ABOUT CONNECTION AND JOY!*

THE PURPOSE OF THE RHYTHMS AND RECALL PROGRAM IS

WHAT TO EXPECT

EACH 1 HOUR SESSION, FACILITATORS WILL GUIDE PARTICIPANTS THROUGH AN ENGAGING MUSIC AND REMINISCING PROGRAM. PARTICIPANTS WILL RECEIVE INSTRUMENTS TO PLAY ALONG CREATING RHYTHMS AND RECALLING FUN MEMORIES!

TO CREATE A SPACE WHERE PARTICIPANTS CAN GATHER TO PLAY INSTRUMENTS, SINGALONG TO FAMILIAR MUSIC AND ENGAGE IN FUN CONVERSATION AND REMINISCING USING GUIDED QUESTIONS.

EACH RHYTHMS AND RECALL PROGRAM, FACILITATORS WILL HAND OUT MUSICAL SUPPLIES INCLUDING FINGER BELLS, WOOD BLOCKS AND MARACAS SO THAT PARTICIPANTS CAN JOIN IN WITH THE BAND! BETWEEN EACH SONG, FACILITATORS WILL ENGAGE WITH RESIDENTS ASKING QUESTIONS TO ENGAGE THE MEMORY AND PROMOTE POSITIVE FEELINGS.



Program by Enrichment Services, Inc.